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| <b>Rand Orienteering Club</b>                                                     |  |  <p><b>Avianto Hotel and the Avianto trails are a mountain biking and trail running paradise in the Muldersdrift area</b></p>  |
| <b>Bush Series Event # 9</b>                                                      |  |                                                                                                                                                                                                                                                                                                     |
| <b>Avianto Trails, Muldersdrift</b>                                               |  |                                                                                                                                                                                                                                                                                                     |
| <b>Sunday 13<sup>th</sup> September 2026</b>                                      |  |                                                                                                                                                                                                                                                                                                     |
| -26.027, 27.840<br><b>what 3 words:</b> ///having.fattest.routine                 |  |                                                                                                                                                                                                                                                                                                     |
|  |  |                                                                                                                                                                                                                                                                                                     |

**What is Orienteering**

A competitive or non-competitive recreational activity in which participants use a map to navigate between checkpoints along an unfamiliar route. Find all the checkpoints and return to the finish in the fastest possible time. This is a great day out for individual competitors, but also for groups, families and friends. Stay for the prize giving at the end for the social atmosphere and spot prizes.

**Event details**

This is the 9th event in the Bush Series. Seven different courses are on offer, ranging in technical and physical difficulty. Course distances are currently estimated and will change. Exact course details will be included in the final info email sent to competitors on Friday 11<sup>th</sup> September.

Registration and finish will be at the Avianto Estate Clubhouse and Sports Park (not the same entrance as the Avianto Hotel!). The Avianto Clubhouse Restaurant will be open for breakfast, brunch and lunch on the day. There is a lovely children's play park here as well.

The Avianto Trails area is a mix of exotic eucalyptus trees, riverine bushveld and grassland interspersed with old farm settlements, some of which are now in ruin.

There will be water points on the course, but we still encourage you to carry your own water as the terrain is quite arduous and it is also mid-summer.

| Entries                                                                                                                             |                                                                                               |
|-------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------|
| Go to <a href="http://Orienter.co.za">Orienter.co.za</a> (on PC or Mobile Device) to enter. Create a profile if you don't have one. |                                                                                               |
| Entries Close                                                                                                                       | Wednesday 9 September at 23h59 (midnight)                                                     |
| Start Times                                                                                                                         | Can be selected when you enter online.                                                        |
| Electronic Timing                                                                                                                   | A compulsory SportIdent timing device can be hired when you enter if you don't have your own. |

| Course      | Distance | Difficulty (out of 5)    | Suitability                                |
|-------------|----------|--------------------------|--------------------------------------------|
| Brown       | ±6.0 km  | Technical 5 / Physical 5 | Experienced orienteers                     |
| Blue        | ±5.0 km  | Technical 5 / Physical 4 | Experienced orienteers                     |
| Green       | ±4.2 km  | Technical 4 / Physical 3 | Difficulty increasing                      |
| Light Green | ±3.5 km  | Technical 3 / Physical 2 | Starting to get challenging                |
| Red         | ±6.0 km  | Technical 2 / Physical 3 | Easy nav on paths, like a longer trail run |
| Orange      | ±2.8 km  | Technical 2 / Physical 1 | Looking for a fun, easy course?            |
| Yellow      | ±1.0 km  | Technical 1 / Physical 1 | Ideal for young children                   |

| Times        |              |                                                        |
|--------------|--------------|--------------------------------------------------------|
| Registration | from 07:45   | 3-minute intervals between start times on each course. |
| Starts       | 08:30 -09:30 |                                                        |
| Prizegiving  | 11h30        |                                                        |

| Costs                   |                                                                              |                  |                      |
|-------------------------|------------------------------------------------------------------------------|------------------|----------------------|
|                         | SAOF-Club Members                                                            | Non-Club Members | SportIdent Chip Hire |
| Individual              | R190.00                                                                      | R220.00          | +R30                 |
| Juniors/Students & u25s | R150.00                                                                      | R180.00          | +R30                 |
| Groups (up to 4 people) | R210.00                                                                      | R240.00          | +R30                 |
| Yellow Course           | R20.00 per individual or group. Entry on the day only (no need to pre-enter) |                  |                      |

| Food and Catering                                                                                                                                                                                                                                                                                                                                   |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>The Avianto Estate Club House will be open in the morning and will be serving breakfast, brunch and lunch as well as the usual drinks. This includes the Full House Breakfast, Muesli Crunch, Eggs Benedict, etc. Pizzas and Lunch menu will be available from 11h00.</p> <p>Unfortunately no private cooler boxes are allowed at the venue.</p> |

| General Information                                                                                                                                                          |                                                                                                   |
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| <p>For more information about Orienteering or the Rand Orienteering Club, find us on Facebook or visit our website at <a href="http://www.roc.org.za">www.roc.org.za</a></p> |                                                                                                   |
| Planner                                                                                                                                                                      | Nicholas Mulder (ROC)                                                                             |
| Controller                                                                                                                                                                   | Grant Frewen (ROC)                                                                                |
| Event Organizer                                                                                                                                                              | Nicholas Mulder 082-898-7871 <a href="mailto:nicholas@marquest.co.za">nicholas@marquest.co.za</a> |